SPRING FOR GOOD SKIN
A bounty of leafy greens and zesty fruits feature in Eminence’s latest natural skincare offerings: Citrus & Kale Potent C+E Serum ($100) and Citrus & Kale Potent C+E Masque ($70). Both contain antioxidant-rich kale, spinach, and broccoli sprouts, along with lemon and grapefruit oils to hydrate, tone, and soothe inflamed skin. Available at buynaturalskincare.com. —Marina Chetner

MAGNETIZING SPA TREATMENT
Eliminate electromagnetic body pollution during this 90-minute Magnetic Body Ritual ($260) that balances chakras with gemstones (jade and amethyst among others) before scrubbing the body with a mud containing magnetic and diamond dust, which, when collected with the therapist’s magnetic gloves, reveals shimmery purified skin. Available at Sea Wellness Spa in the Hotel Casa del Mar in Santa Monica: hotelcasadelmar.com. —Marina Chetner

NEW WELLNESS PROGRAM AT THE MARRIOTT MARQUIS SAN DIEGO
Take your practice on the road when you stay at the Marriott Marquis San Diego. Drop into one of the fitness center’s classes ranging from FIT Camp to spinning to Zumba. If you are on your own schedule, the location has added an in-room yoga program on demand with streaming classes by onsite Wellness Warrior Hella Neumann. Order a yoga mat delivered to your room and choose from one of the following practices: sunrise yoga, morning flow, sun salutations, core work, cool down, and meditation. Pair your workout with healthy menu items including recipes with honey from the property’s own beehives. marriott.com/hotels/travel/sandt-marriott-marquis-san-diego-marina/ —Felicia Tomasko

PEARL + THE BEAUTY OF PEARL — ON A ROPE
Wu Ze Tan, the only female Emperor of China, ruled from 625-705 AD. One of her legacies is the use of finely crushed pearls as a beauty treatment. Pearl + Luxury Soaps offer a contemporary take on this imperial ritual. Pearl + creator Janet Jay was influenced by her Chinese grandmother when she developed her luxury, all-natural soaps. Janet still handcrafts in small batches using materials including crushed natural pearl, charcoal powder, white clay, pure essential oils, and organic coconut, palm, and olive oils. The soaps are mainstays in Ace Hotel locations throughout North America and can also be found online at pearlplus.net —Felicia Tomasko

THE NEW SHAPE OF SOAP
The Japanese holistic qi therapist Keiko Matsuuo had childhood dreams of a career in medicine…traditional medicine that is. Instead Fate led her wandering a more homeopathic path to healing. As a youth navigating her parents’ chronic illnesses, massage therapy especially captured her curious mind. In a career spanning 30 years, from London to New York City and Los Angeles, Ms. Matsuuo has amassed a loyal following who flock to her healing hands for their gentle, intuitive movement.

Studio Cue LA in Topanga is a natural extension of Matsuuo’s lifelong vision and commitment to well being. She hatched GOLDA Soaps in this peaceful retreat outfitted with the photography and functional art of her husband Tsugu Wada. Visually stunning, the geometric shaped soaps are crafted from the finest, all natural ingredients. Rich with skin conditioners and elegant in their design, Ms. Matsuuo has taken the concept of hand soap to a new level. studiocuela.com —Susan Currie